

# Message IN A BOTTLE!

The **last word** of the message was washed away! Guess **another** word for each word in the list of **clues**, and the letters in the **blueboxes** will give you the missing word of the message!

## Clues:

- 1 Glad
- 2 Simple
- 3 Everyone
- 4 Correct
- 5 City

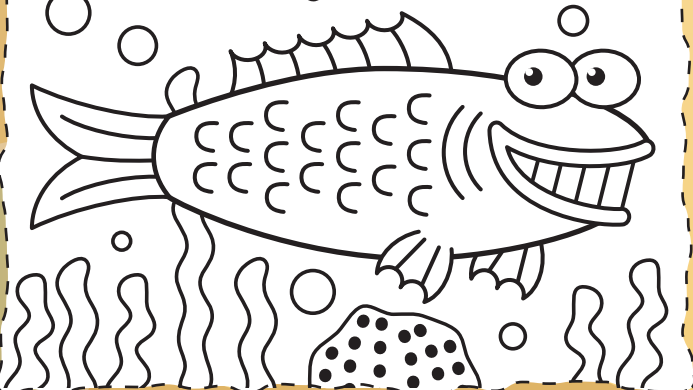
## Answers

- 5 Easy
- 4 All
- 3 Right
- 2 Town
- 1 Happy



1				
2				
3				
4				
5				

Color Me!



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# CRUNCHY Baked FISH Fingers!

(Wait! - Don't FiSH HaVe Fins?)

## Ingredients

- 2 eggs • 3/4 cup milk • 1 cup flour • 1 tablespoon salt
- 1 teaspoon black pepper • 3 cups corn flakes cereal, crushed fine
- 1 pound Florida fish (grouper, snapper or mahi-mahi), cut into long strips 1" thick

## Directions

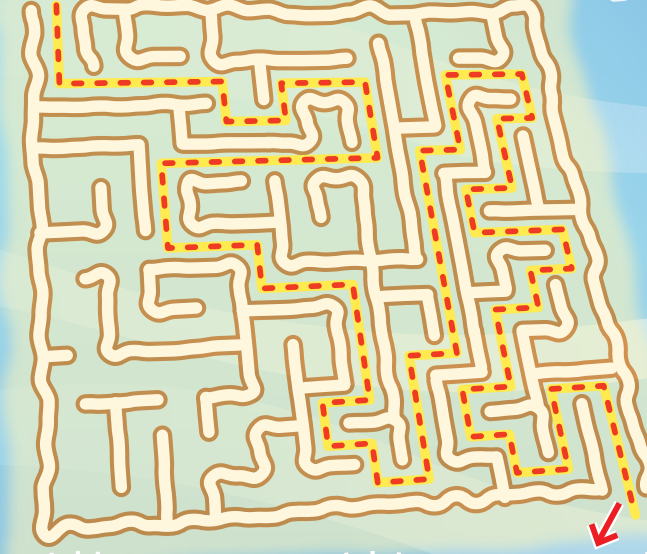
Preheat oven to 350° F. In a large bowl combine eggs, milk, flour, salt and pepper; mix well and set aside. Crush corn flakes in a food processor and put into a large bowl. Dip fish strips into batter and then roll into crushed corn flakes. Place on a cookie sheet in a single layer and bake for 15-17 minutes until cooked through. Yield: 4 servings.

## Nutritional Value Per Serving

Calories: 346, Calories from Fat: 39, Total Fat: 4g, Saturated Fat: 1g, Trans Fatty Acid: 0g, Cholesterol: 152mg, Total Carbohydrates: 44g, Protein: 32g, Omega 3 Fatty Acid: 0g

# LOBSTER MAZE

## ANSWER



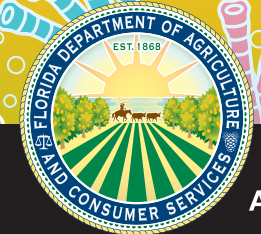
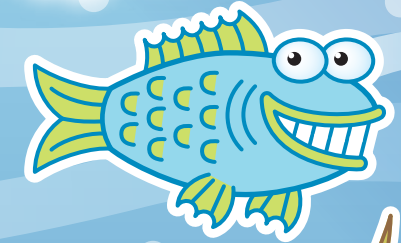
# PLAY Find the FISH!



## Here's the answers!

Red Snapper 14	Swordfish 23	King Mackerel 8	Mahi-Mahi 9	Clams 7	American Alligator 1	Spiny Lobster 20	Yellow Fin Tuna 26	Tilapia 24	Scallops 16	Spanish Mackerel 19	Stone Crab 21
Amberjack 2	Spanish Mackerel 19	Bluefish 4	Catfish 5	Amberjack 2	Yellow Fin Tuna 26	Mahi-Mahi 9	Pompano 12	Striped Bass 22	Tilefish 25	Mullet 10	Oysters 11
Cannonball Jellyfish 6	Bluefish 4	Tilapia 24	Shark 17	Pompano 12	Tilefish 25	King Mackerel 8	Rock Shrimp 15	Shrimp 20	Scallops 16	Spiny Lobster 18	Stone Crab 21
Catfish 5	Blue Crab 3	Red Grouper 13	Shrimp 18	Blue Crab 3	Clams 7	American Alligator 1	Oysters 11	Rock Shrimp 15	Shrimp 20	Scallops 16	Spiny Lobster 18
Blue Crab 3	Red Grouper 13	Shrimp 18	Blue Crab 3	Clams 7	American Alligator 1	Oysters 11	Rock Shrimp 15	Shrimp 20	Scallops 16	Spiny Lobster 18	Stone Crab 21

# FLORiDa Seafood FUN FACTS AND ACTiViTiEs



Florida Department of Agriculture and Consumer Services

FreshFromFlorida.com/Seafood





# PLAY Find The Fish!



**Do You** know the name of these Florida seafood species? Write the **number** of the **picture** next to the **name** that you think is correct. Then check your answers on the other side to see if you are a Seafood Identification Expert!

Red Snapper ☐
Swordfish ☐
King Mackerel ☐
Mahi-Mahi ☐
Clams ☐
American Alligator ☐

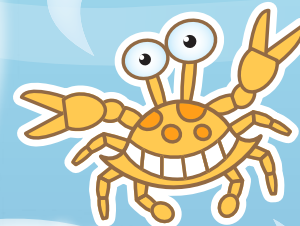
Amberjack ☐
Cannonball Jellyfish ☐
Catfish ☐
Bluefish ☐
Blue Crab ☐
Red Grouper ☐
Shrimp ☐

Spiny Lobster ☐
Yellow Fin Tuna ☐
Tilapia ☐
Scallops ☐
Spanish Mackerel ☐
Stone Crab ☐
Pompano ☐
Striped Bass ☐
Tilefish ☐
Mullet ☐
Oysters ☐
Shark ☐
Rock Shrimp ☐

Florida clams are placed in protective nylon mesh bags to grow in the ocean. This is an example of **aquaculture!**

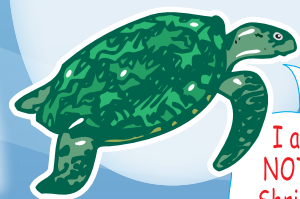


Could you scoot over please?



[www.FreshFromFlorida.com](http://www.FreshFromFlorida.com)

In Florida, **shrimp** are harvested with **cone-shaped nets**, towed along the bottom in waters near shore. The nets have **doors** to let **turtles** out.



I am NOT a Shrimp!

## THE LOBSTER MAZE!



**Please Help Me!** A strong storm current carried me away from my home on the reef! Show me the way through this coral maze to get home!



## Find The Words!

Bass Clam Crab Grouper Lobster Mahi  
Oyster Shark Shrimp Snapper Tuna

B	S	N	A	P	P	E	R
A	L	C	L	A	M	G	O
S	S	O	U	O	A	T	Y
S	H	D	B	Z	H	U	S
C	A	R	P	S	I	N	T
R	R	B	I	R	T	A	E
A	K	V	H	M	C	E	R
B	G	R	O	U	P	E	R

Florida has 1,197 miles of coastline. Seafood is a very important part of our state's heritage and economy. The Florida fishing industry is also very valuable to the United States.

## FLORIDA Seafood Facts



Seafood is good for you. It will help you grow up to be strong, healthy and happy.



Flounders have both eyes located on one side of the head, but they are not born this way. During their lifetime one eye migrates to the other side so that both eyes are on the upward-facing side of its body.

